

Get Your Rear In Gear - Ladd

Race Date
May 28, 2016

Overall Results

5k Run

Place	Name	Bib	AG Place	----- Mile 1 -----		----- Mile 2 -----		----- Mile 3 -----		----- FINISH -----		Total Time
				Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	
1	Joseph Parochetti	51	1 M Top Fin	2	5:49.9	1	6:08.5	1	6:00.7	25	1:08.6	19:07.7
2	Westley Schmidt	70	1 M 10-19	3	5:50.2	2	6:08.6	2	6:24.2	28	1:09.1	19:32.3
3	Dan Kasperski	98	1 M 40-49	1	5:49.7	3	6:16.6	3	6:27.3	31	1:11.9	19:45.6
4	Joe Bornac	67	2 M 40-49	4	6:02.3	4	6:27.8	4	6:35.8	34	1:13.2	20:19.2
5	Adam Davis	68	1 M 30-39	6	6:09.9	6	6:47.0	5	7:03.6	20	1:05.5	21:06.1
6	Katie Hoffert	93	1 F Top Fin	5	6:09.2	5	6:45.2	6	7:05.4	36	1:15.3	21:15.2
7	Zeben Parochetti	62	2 M 10-19	7	6:20.4	7	7:02.0	7	7:18.6	26	1:08.7	21:49.9
8	Noah Munson	16	1 M 1- 9	9	6:58.9	8	7:20.2	8	7:23.9	23	1:07.4	22:50.6
9	Angie Forbeck	90	1 F 40-49	11	7:08.6	10	7:29.6	9	7:29.3	38	1:15.6	23:23.3
10	Rodolfo Madrigal	69	1 M 50-59	10	7:07.4	9	7:28.8	10	7:44.2	50	1:17.1	23:37.7
11	Jason Hebel	87	2 M 30-39	14	7:19.4	12	7:40.2	11	7:45.4	40	1:16.0	24:01.0
12	Jacob Casey	78	2 M 1- 9	15	7:22.7	11	7:35.3	14	7:56.0	45	1:16.5	24:10.7
13	Amber Huffaker	94	1 F 20-29	16	7:23.4	16	7:52.3	15	8:05.3	39	1:15.9	24:37.0
14	Rachel Waca	40	1 F 30-39	23	8:01.7	14	7:49.5	12	7:50.9	33	1:12.2	24:54.4
15	Dillion Forbeck	89	3 M 10-19	8	6:55.6	18	7:58.2	29	8:37.5	73	1:23.4	24:54.8
16	Joshua Sensiba	83	4 M 10-19	12	7:09.6	20	8:07.6	20	8:20.1	59	1:19.5	24:56.9
17	Jeremy Wehzel	108	3 M 30-39	13	7:19.2	22	8:10.3	23	8:29.8	51	1:17.4	25:16.9
18	Fred Cartwright	119	3 M 40-49	25	8:14.3	17	7:55.3	13	7:55.2	55	1:18.4	25:23.4
19	Brian Hoffmeyer	82	4 M 40-49	22	7:58.7	15	7:51.3	18	8:16.4	68	1:22.3	25:28.8
20	Tammy Taylor	109	2 F 40-49	28	8:17.8	13	7:48.3	17	8:09.8	53	1:18.0	25:34.0
21	Jenny Goodman	2	3 F 40-49	18	7:53.8	23	8:11.9	32	8:39.5	62	1:20.7	26:06.0
22	Kelly Campbell	99	4 F 40-49	33	8:22.5	21	8:09.9	21	8:21.8	44	1:16.5	26:10.8
23	Shane Strack	12	4 M 30-39	17	7:25.9	26	8:20.7	38	9:09.4	52	1:17.8	26:14.0
24	Brady Grennan	31	5 M 10-19	31	8:20.5	19	8:03.5	34	8:44.1	30	1:11.0	26:19.3
25	tim Martn	4	1 M 60-69	21	7:57.6	29	8:25.1	27	8:32.9	84	1:25.4	26:21.2
26	Richard Strack	21	1 M Cancer	27	8:16.4	24	8:13.8	22	8:29.7	77	1:23.9	26:24.0
27	Jason Davis	74	5 M 40-49	35	8:40.5	25	8:20.0	16	8:07.3	64	1:21.2	26:29.0
28	Tom Marquis	84	2 M 50-59	29	8:18.0	27	8:21.2	28	8:33.5	61	1:20.4	26:33.2
29	Melissa Presten	64	2 F 30-39	34	8:22.8	30	8:27.6	30	8:38.1	82	1:24.5	26:53.1
30	Gregg Duckworth	66	2 M 60-69	39	8:42.8	31	8:28.9	31	8:38.5	54	1:18.0	27:08.4
31	Kenneth Jones	47	3 M 50-59	46	9:01.0	28	8:24.9	26	8:31.6	56	1:18.6	27:16.3
32	Greyson Ernat	36	3 M 1- 9	52	9:04.4	33	8:36.9	19	8:19.3	57	1:18.7	27:19.4
33	Timothy Cook	6	6 M 40-49	38	8:42.8	34	8:38.2	33	8:39.5	71	1:22.8	27:23.4

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34	Wendy Lamboley	107	5 F 40-49	30	8:20.4	38	8:46.0	37	9:07.3	86	1:25.6	27:39.5
35	Maria Ernat	35	2 F 20-29	49	9:03.1	36	8:43.0	25	8:30.4	75	1:23.7	27:40.3
36	Alicia Ernat	34	3 F 30-39	51	9:03.7	37	8:43.1	24	8:30.2	74	1:23.4	27:40.6
37	Mike Baracani	42	7 M 40-49	47	9:01.2	32	8:35.1	35	8:45.5	79	1:24.2	27:46.2
38	Jen Baracani	41	4 F 30-39	48	9:01.3	35	8:42.7	36	8:56.6	81	1:24.4	28:05.1
39	Andrew Peterson	25	4 M 50-59	26	8:15.7	42	9:05.6	43	9:37.5	67	1:21.8	28:20.7
40	Candis Kenny	10	5 F 30-39	24	8:13.0	45	9:12.9	49	9:55.0	58	1:18.7	28:39.7
41	Bryce Quinn	96	1 M 20-29	20	7:55.2	46	9:13.7	53	10:09.4	70	1:22.7	28:41.1
42	Norah Orteza	118	6 F 40-49	43	8:51.5	50	9:20.0	39	9:15.8	83	1:25.3	28:52.7
43	paige Grennan	45	1 F 10-19	32	8:21.3	49	9:16.2	55	10:12.5	21	1:05.8	28:56.0
44	Nolan Hallock	110	5 M 50-59	42	8:50.8	43	9:09.2	41	9:29.0	93	1:28.7	28:57.8
45	Kim Davis	75	7 F 40-49	50	9:03.3	40	9:04.4	40	9:26.4	80	1:24.2	28:58.5
46	Larry Lawrence	80	3 M 60-69	36	8:40.6	39	8:59.3	51	10:07.2	41	1:16.1	29:03.3
47	Connor Colmone	92	6 M 10-19	40	8:46.3	44	9:12.6	54	10:10.2	35	1:14.8	29:24.1
48	Amanda Bangert	28	6 F 30-39	53	9:10.0	41	9:04.4	47	9:47.1	72	1:23.1	29:24.7
49	Matthew Phillips	56	2 M 20-29	45	9:00.0	52	9:22.5	48	9:52.3	95	1:29.3	29:44.2
50	Dean Rowe	81	1 M 70-99	60	9:23.0	53	9:23.7	42	9:35.1	78	1:24.1	29:46.0
51	Anthony Parks	52	7 M 10-19	37	8:41.5	51	9:20.2	64	10:31.1	43	1:16.2	29:49.2
52	Phillip Strack	32	5 M 30-39	55	9:11.1	48	9:15.0	61	10:25.7	63	1:21.0	30:13.0
53	Cassie Isaacs	33	7 F 30-39	54	9:10.3	47	9:14.8	63	10:26.7	66	1:21.7	30:13.7
54	Connie Conrad	65	8 F 40-49	58	9:16.8	56	9:41.1	52	10:08.8	47	1:16.7	30:23.6
55	Bernie Victor	73	6 M 50-59	56	9:12.0	54	9:33.9	56	10:13.8	89	1:26.7	30:26.5
56	Charlene Hamann	104	9 F 40-49	63	9:30.9	59	9:53.2	46	9:46.3	76	1:23.7	30:34.3
57	Chuck Woolley	97	7 M 50-59	59	9:21.8	57	9:44.2	50	9:59.3	97	1:31.3	30:36.7
58	Kristine Parochetti	88	10 F 40-49	41	8:47.7	55	9:39.8	70	10:48.1	65	1:21.3	30:37.0
59	Nick Browm	95	3 M 20-29	19	7:55.1	64	10:09.5	74	11:19.1	60	1:19.8	30:43.6
60	Brandon King	102	6 M 30-39	64	9:36.5	65	10:10.7	45	9:46.0	91	1:27.8	31:01.1
61	Karisa King	103	8 F 30-39	65	9:36.6	66	10:10.8	44	9:45.9	92	1:27.9	31:01.3
62	Chris Casey	79	8 M 40-49	57	9:13.5	61	10:03.0	66	10:34.1	88	1:26.4	31:17.1
63	Kayla Brown	61	3 F 20-29	61	9:23.6	60	10:02.8	59	10:19.0	104	1:34.7	31:20.1
64	Debra Tomaszewski	23	1 F 50-59	69	10:02.2	58	9:52.6	58	10:16.2	96	1:29.5	31:40.6
65	Emilee Hirschman	114	4 F 20-29	44	8:57.1	67	10:13.3	73	11:12.8	106	1:35.4	31:58.8
66	Donna Worth	59	2 F 50-59	72	10:23.2	62	10:03.6	60	10:19.8	69	1:22.6	32:09.4

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67	Jeff Lannen	37	7 M 30-39	70	10:15.7	63	10:07.0	68	10:38.1	32	1:12.0	32:12.9
68	Christa Easi	106	11 F 40-49	67	9:52.7	71	10:22.0	67	10:36.6	85	1:25.4	32:16.9
69	Ana Pikula	113	9 F 30-39	66	9:49.9	70	10:22.0	71	10:48.4	98	1:31.9	32:32.4
70	Cindy Colmone	91	12 F 40-49	62	9:28.9	73	10:32.6	75	11:20.7	101	1:32.9	32:55.2
71	Mark Jordan	121	4 M 60-69	74	10:36.1	72	10:23.0	65	10:33.4	102	1:33.0	33:05.7
72	David Strach	71	8 M 30-39	68	9:55.5	74	10:41.4	79	11:55.3	49	1:17.0	33:49.3
73	Allyssa Smoode	9	5 F 20-29	89	11:47.7	68	10:20.5	69	10:43.0	87	1:25.6	34:16.9
74	Claire Phillips	57	2 F 10-19	71	10:22.9	76	11:27.1	76	11:22.5	90	1:26.8	34:39.4
75	Tammy Parochetti	14	13 F 40-49	77	11:08.2	78	11:37.2	62	10:26.6	99	1:32.0	34:44.1
76	Jeffery Bangert	117	9 M 40-49	73	10:34.5	75	11:22.8	78	11:48.6	100	1:32.8	35:18.9
77	Rose Mary Carrico	26	1 F 60-69	83	11:30.2	77	11:28.2	77	11:23.8	94	1:29.2	35:51.5
78	William Liesse	27	8 M 50-59	75	11:00.7	80	11:53.1	80	12:07.1	19	1:04.7	36:05.8
79	Amy Sondgeroth	76	10 F 30-39	76	11:07.6	81	12:05.4	81	12:10.8	17	1:00.6	36:24.4
80	Rebecca Casey	77	14 F 40-49	84	11:31.1	79	11:51.5	82	12:16.8	13	0:58.1	36:37.6
81	Julie Meagher	100	15 F 40-49	86	11:32.5	85	12:54.2	83	12:19.6	16	1:00.2	37:46.6
82	Brian Donahue	101	10 M 40-49	85	11:32.3	86	12:54.6	84	12:20.2	15	0:59.5	37:46.8
83	Megan McGuire	115	3 F 10-19	79	11:15.9	87	12:56.6	90	13:21.1	4	0:51.7	38:25.4
84	Anneliese Bangert	50	4 F 10-19	78	11:15.8	88	12:56.9	89	13:21.1	6	0:54.7	38:28.7
85	Amber Camp	111	5 F 10-19	82	11:29.5	83	12:48.3	91	13:21.6	11	0:57.3	38:36.9
86	Joyce Simkins	116	1 F 70-99	93	12:47.6	82	12:22.5	86	12:38.5	24	1:07.5	38:56.2
87	Deb Korn	60	3 F 50-59	90	12:17.9	84	12:52.5	88	13:11.5	37	1:15.4	39:37.5
88	Jackson Bazydlo	86	4 M 1- 9	88	11:35.0	90	13:33.9	94	13:43.9	5	0:52.7	39:45.6
89	Jaime Bazydlo	85	11 F 30-39	87	11:33.4	89	13:32.5	93	13:41.2	14	0:59.4	39:46.6
90	Katie Grennan	44	6 F 10-19	94	13:07.7	92	13:50.5	85	12:35.7	1	0:44.1	40:18.2
91	Linda Walter	22	2 F 60-69	95	13:15.5	96	14:06.7	87	12:49.7	3	0:46.5	40:58.5
92	Missy Slusarek	105	16 F 40-49	91	12:21.1	100	14:35.2	95	13:59.1	48	1:16.8	42:12.4
93	Jessica Lannen	38	12 F 30-39	92	12:47.3	91	13:43.5	99	14:52.3	22	1:07.2	42:30.4
94	Tiffany Hughes	24	17 F 40-49	96	13:15.5	95	14:06.7	96	14:15.8	12	0:57.8	42:36.0
95	Samantha Strack	13	1 F 1- 9	81	11:25.8	94	13:53.2	103	16:23.2	8	0:55.7	42:38.1
96	Rodney Strack	72	9 M 50-59	80	11:25.4	93	13:52.5	101	16:19.7	27	1:08.8	42:46.5
97	William Pikula	112	5 M 1- 9	97	14:31.2	97	14:06.8	98	14:41.6	9	0:56.6	44:16.4
98	Mardy Jo Moreno	120	4 F 50-59	101	15:14.2	99	14:26.7	92	13:25.4	29	1:10.1	44:16.5
99	Stacy Rosenow	55	18 F 40-49	98	14:32.2	98	14:09.2	97	14:38.5	10	0:56.8	44:16.8

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				<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	
100	Donald Balas	43	10 M 50-59	112	18:24.7	113	18:46.3	57	10:13.9	7	0:55.3	48:20.3
101	Gina Grennan	29	19 F 40-49	103	16:48.3	101	15:29.9	100	15:50.2	107	1:35.8	49:44.4
102	Brooklyn Parks	54	7 F 10-19	100	15:07.9	112	17:37.3	111	17:50.3	2	0:44.7	51:20.4
103	Carter Smoode	53	6 M 1-9	99	15:06.3	111	17:34.4	112	18:06.3	18	1:03.9	51:51.1
104	Kathy Martin	3	1 F Cancer	109	17:51.8	104	16:46.6	105	16:27.9	42	1:16.1	52:22.5
105	Butch Manahan	17	2 M 70-99	105	17:19.9	109	17:13.0	104	16:24.6	103	1:33.0	52:30.7
106	Beth Doll	58	5 F 50-59	108	17:50.4	103	16:37.9	102	16:22.4	109	1:46.3	52:37.1
107	Cindy Strack	11	13 F 30-39	102	16:47.3	108	17:00.5	109	17:32.7	46	1:16.6	52:37.3
108	Michael Furlan	39	5 M 60-69	106	17:38.6	105	16:49.7	107	16:54.4	111	1:47.0	53:09.9
109	Joe Furlan	63	6 M 60-69	107	17:38.7	106	16:49.8	106	16:54.4	110	1:46.9	53:09.9
110	Mike Rockey	15	11 M 50-59	113	18:33.8	107	16:55.3	108	17:00.6	108	1:43.0	54:12.8
111	Paula Gorski	7	6 F 50-59	110	17:56.3	110	17:19.0	110	17:47.9	105	1:34.9	54:38.3
112	Crystal Balas	46	3 F 60-69	111	18:24.2	114	18:58.6	113	18:54.3	112	1:56.8	58:14.0
113	Samantha Smith	5	6 F 20-29	116	21:13.9	102	15:43.9	115	19:35.4	113	2:00.5	58:33.7
114	Jerrod Bangert	49	9 M 30-39	114	19:17.4	115	19:16.4	114	19:03.0	114	3:36.8	1:01:13.7
115	Isabel Bangert	48	8 F 10-19	115	19:20.4	69	10:20.7	116	20:20.4	115	20:11.5	1:10:13.1
DQ	Blair Grennan	30	DQ F 1-9	104	16:57.1			72	11:12.7	DQ	1:27.4	29:37.3