

Race Date
May 02, 2026

Byron Rocks 5k/10k
Age Group Results

5k

Female OVERALL Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Carrie Messinger | Roscoe IL | 50 | 1952 | 4 | 25:15.1 | 8:09/M |

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Female 15 and Under

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|--------------|-------------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Joslynn Dal Santo | Belvidere IL | 13 | 2997 | 7 | 26:05.7 | 8:25/M |
| 2 * | Brittany Plescia | Chana IL | 14 | 1963 | 10 | 26:56.1 | 8:41/M |
| 3 * | Josie Chosnyk | Byron IL | 12 | 2989 | 11 | 27:56.1 | 9:01/M |
| 4 | Luna Wight | Byron IL | 8 | 1984 | 35 | 35:51.6 | 11:34/M |
| 5 | Millie Chosnyk | Byron IL | 10 | 2990 | 48 | 49:52.1 | 16:05/M |

Female 16 to 19

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Sonya Plescia | Chana IL | 19 | 1965 | 9 | 26:55.9 | 8:41/M |

Female 20 to 29

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Brooke Bennett | | 24 | 1991 | 22 | 30:34.7 | 9:52/M |
| 2 * | Tristin Felker | Byron IL | 23 | 3000 | 29 | 34:05.2 | 11:00/M |
| 3 * | Molly Johnson | Forreston IL | 28 | 1936 | 37 | 35:58.2 | 11:36/M |
| 4 | Abigail Knobloch | Byron IL | 27 | 1941 | 54 | 52:28.9 | 16:56/M |

Female 30 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|--------------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Rachel Plock | Oregon IL | 38 | 1966 | 5 | 25:34.4 | 8:15/M |
| 2 * | Victoria Wight | Byron IL | 32 | 1986 | 6 | 25:42.1 | 8:17/M |
| 3 * | Alison Vrana | Rochelle IL | 36 | 1981 | 8 | 26:24.6 | 8:31/M |
| 4 | Laken Sisson | Stillman Valley IL | 38 | 1975 | 17 | 29:08.8 | 9:24/M |
| 5 | Lindsay Suess | Byron IL | 36 | 1979 | 38 | 36:33.7 | 11:48/M |
| 6 | Lindsey Lantz | Oregon IL | 38 | 1943 | 46 | 49:47.4 | 16:04/M |

Female 40 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Lisa Meade | Shannon IL | 40 | 1993 | 12 | 28:15.0 | 9:07/M |
| 2 * | Jessica Smith | Byron IL | 42 | 1977 | 19 | 30:13.1 | 9:45/M |
| 3 * | Jenny Beu | Loves Park IL | 49 | 2981 | 31 | 34:20.8 | 11:05/M |
| 4 | Samantha Ciaccio | Pecatonica IL | 43 | 2992 | 43 | 48:10.2 | 15:32/M |
| 5 | Patti Overlin | Genoa IL | 49 | 1958 | 44 | 48:21.8 | 15:36/M |
| 6 | Brooke Patrick | Genoa IL | 46 | 1959 | 45 | 48:21.8 | 15:36/M |

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|--------------|----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 7 | Rebecca Broege | Lanark IL | 45 | 2982 | 50 | 52:13.4 | 16:51/M |
| 8 | Ellen Chosnyk | Byron IL | 40 | 2988 | 51 | 52:16.8 | 16:52/M |

Female 50 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|--------------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Audra Beck | Rockford IL | 50 | 2979 | 14 | 28:24.5 | 9:10/M |
| 2 * | Sara Wheeler | Byron IL | 50 | 1982 | 20 | 30:13.5 | 9:45/M |
| 3 * | Dawn Hazen | Stillman Valley IL | 50 | 1930 | 25 | 32:13.4 | 10:24/M |
| 4 | Crystal Graceffa | Rockford IL | 56 | 1926 | 27 | 33:23.9 | 10:46/M |
| 5 | Heather Wight | Oregon IL | 53 | 1983 | 34 | 35:51.1 | 11:34/M |
| 6 | Sandra Lobdell | Sterling IL | 54 | 1945 | 42 | 47:15.8 | 15:15/M |
| 7 | Dawn Durnas | Oregon IL | 56 | 2999 | 47 | 49:47.8 | 16:04/M |
| 8 | Candace Buikema | Rock Falls IL | 55 | 2985 | 49 | 50:57.1 | 16:26/M |
| 9 | Jean Mongan | Oregon IL | 55 | 1956 | 53 | 52:28.4 | 16:56/M |
| 10 | Donna Martin | Oregon IL | 57 | 1948 | 55 | 53:30.1 | 17:16/M |
| 11 | Paula Butorka | Davis Junction IL | 54 | 2987 | 56 | 53:30.6 | 17:16/M |
| 12 | Trish McGinley | Byron IL | 59 | 1950 | 57 | 53:54.6 | 17:23/M |
| 13 | Jenny Kirchner | Oregon IL | 57 | 1939 | 58 | 53:55.3 | 17:24/M |

Female 60 and Over

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Cheryl Hoops | Freeport IL | 64 | 1934 | 15 | 28:46.1 | 9:17/M |
| 2 | Mari Kong | Rockford IL | 61 | 1942 | 16 | 28:54.6 | 9:20/M |
| 3 | Annette Zaugg | Byron IL | 61 | 1989 | 26 | 32:54.0 | 10:37/M |
| 4 | Pat Bernhard | Byron IL | 62 | 2980 | 40 | 44:15.7 | 14:17/M |
| 5 | Kathy Anderson | Rockford IL | 74 | 2976 | 52 | 52:21.0 | 16:53/M |
| 6 | Annette Powers | Byron IL | 62 | 1968 | 59 | 53:55.9 | 17:24/M |

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|--------------|---------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Henry Hazzard | Byron IL | 13 | 1931 | 1 | 18:16.7 | 5:54/M |

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5k

Male 15 and Under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Arvid Arnquist | Byron IL | 7 | 2977 | 23 | 30:48.8 | 9:56/M |

Male 20 to 29

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Landon Lanzansky | | 24 | 1992 | 18 | 29:10.9 | 9:25/M |
| 2 * | Noah Knight | Dixon IL | 25 | 1940 | 30 | 34:05.3 | 11:00/M |
| 3 * | Darrin Haley | Rockford IL | 26 | 1928 | 36 | 35:56.1 | 11:36/M |

Male 30 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Jonathon Porter | Rockford IL | 31 | 1967 | 2 | 19:54.2 | 6:25/M |
| 2 * | Sean Wight | Byron IL | 31 | 1985 | 3 | 24:25.5 | 7:53/M |
| 3 * | Zack Chosnyk | Byron IL | 39 | 2991 | 41 | 46:55.7 | 15:08/M |

Male 40 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Matt Wrage | Byron IL | 43 | 1988 | 13 | 28:17.0 | 9:07/M |
| 2 * | Eric Arnquist | Byron IL | 42 | 2978 | 24 | 31:00.9 | 10:00/M |
| 3 * | Eric Lorenz | Chicago IL | 42 | 1947 | 32 | 34:37.7 | 11:10/M |
| 4 | Michael Noga | Byron IL | 47 | 1957 | 33 | 35:26.5 | 11:26/M |

Male 50 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Steve Foss | Mount Morris IL | 58 | 1924 | 21 | 30:31.1 | 9:51/M |
| 2 * | Gerald Stock | Morrison IL | 57 | 1978 | 28 | 33:46.7 | 10:54/M |

Male 60 and Over

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Doug Floski | Byron IL | 69 | 1922 | 39 | 36:35.7 | 11:48/M |

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|--------------|----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Alicia Kellogg | Polo IL | 43 | 1937 | 2 | 47:42.2 | 4:46/K |

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10k

Female 15 and Under

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|--------------|----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Anjali Plescia | Chana IL | 15 | 1962 | 10 | 1:01:25.8 | 6:09/K |

Female 20 to 29

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Caylee Schlaf | Winnebago IL | 26 | 1972 | 14 | 1:04:59.2 | 6:30/K |

Female 30 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|-----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Taylor Millard | Mount Morris IL | 34 | 1953 | 8 | 59:05.3 | 5:55/K |
| 2 * | Nicole Bruce | Oregon IL | 31 | 2984 | 12 | 1:02:16.6 | 6:14/K |
| 3 * | Megan Brooks | Byron IL | 34 | 2983 | 16 | 1:09:05.2 | 6:55/K |
| 4 | Cayla Skoli | Oregon IL | 38 | 1976 | 17 | 1:09:13.8 | 6:55/K |
| 5 | Karina Rodriguez | Rockford IL | 32 | 1969 | 22 | 1:34:13.5 | 9:25/K |

Female 40 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------------|--------------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Daniela Williams | Mount Carroll IL | 49 | 1987 | 3 | 52:09.9 | 5:13/K |
| 2 * | Jennifer Dal Santo | Belvidere IL | 46 | 2996 | 7 | 57:51.9 | 5:47/K |
| 3 * | Ranae Gosch | Stillman Valley IL | 47 | 1925 | 13 | 1:03:45.4 | 6:23/K |
| 4 | Lindsey Foltz | Rockford IL | 40 | 1923 | 18 | 1:10:02.6 | 7:00/K |
| 5 | Lori Cortez | Sterling IL | 43 | 2994 | 19 | 1:11:32.7 | 7:09/K |

Female 50 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|-----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Ranae Taylor | Mount Morris IL | 56 | 1980 | 15 | 1:06:49.7 | 6:41/K |
| 2 * | Stephanie Reed | | 55 | 1995 | 21 | 1:16:56.6 | 7:42/K |

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|--------------|-------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Dan Palmer | Roscoe IL | 49 | 1990 | 1 | 38:55.0 | 3:54/K |

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|--------------|-------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | A Roe | Byron IL | 35 | 1970 | 11 | 1:01:59.0 | 6:12/K |

Male 40 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Hernan Cortez | Sterling IL | 44 | 2993 | 4 | 54:40.5 | 5:28/K |
| 2 * | John Plescia | Chana IL | 44 | 1964 | 5 | 56:29.8 | 5:39/K |
| 3 * | Kyle Burcham | Rockford IL | 42 | 2986 | 9 | 1:00:11.6 | 6:01/K |

Male 50 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Dan Mongan | Oregon IL | 55 | 1955 | 6 | 57:06.2 | 5:43/K |
| 2 * | Brian Kelsey | Rockford IL | 57 | 1938 | 20 | 1:11:44.6 | 7:10/K |

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5k Ruck

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| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Jessica Delimata | Sterling IL | 48 | 2998 | 2 | 50:36.5 | 16:17/M |

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5k Ruck

Female 40 to 49

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|--------------|----------------|-------------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Amanda Monette | Davis Junction IL | 49 | 1954 | 5 | 56:04.5 | 18:03/M |
| 2 * | Kelli Hale | Byron IL | 48 | 1927 | 6 | 56:04.6 | 18:03/M |

Female 50 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Elisa Perkins | Mount Morris IL | 56 | 1960 | 3 | 54:43.6 | 17:37/M |

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|--------------|--------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Ben Crandall | Oregon IL | 30 | 2995 | 1 | 31:20.7 | 10:05/M |

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|--------------|--------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Mark Hopwood | Byron IL | 40 | 1935 | 4 | 56:03.2 | 18:03/M |

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|--------------|-------------|------------------|------------|---------------|----------------|-------------|-------------|
| 1 | Wes Hepker | Mount Carroll IL | 46 | 1932 | 1 | 1:00:31.0 | 6:03/K |