

Race Date
July 06, 2024

Running Through ALS 5k
Age Group Results

5k Run/Walk

Female Overall Finishers Winne

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|--------------------|------------|---------------|----------------|-------------|-------------|
| 1 | Amy Schulte | Verona WI | 36 | 440 | 11 | 20:27.8 | 6:36/M |
| 2 | Lindsey Schmidt | San Francisco CA | 26 | 438 | 16 | 21:15.2 | 6:51/M |
| 3 | Maddi Carr | Harwood Heights IL | 29 | 58 | 17 | 21:15.4 | 6:51/M |

Female Walnut Finisher Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Katy Jameson | Walnut IL | 25 | 257 | 53 | 23:46.4 | 7:40/M |

Race Date
July 06, 2024

Running Through ALS 5k

Age Group Results

5k Run/Walk

Female 10 and Under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------------------|----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Emy Ori | Elmwood IL | 10 | 389 | 115 | 26:57.6 | 8:42/M |
| 2 * | Isabella Gonzalez-Guerrero | Morris IL | 10 | 188 | 137 | 27:57.6 | 9:01/M |
| 3 * | Hadley Bill | Cedar Falls IA | 8 | 28 | 141 | 28:00.8 | 9:02/M |

Female 11 to 14

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Mady Ori | Elmwood IL | 13 | 390 | 22 | 21:44.5 | 7:01/M |
| 2 * | Rozlyn Mosher | Tampico IL | 13 | 651 | 58 | 24:08.7 | 7:47/M |
| 3 * | Leila Acker | Tiskilwa IL | 13 | 3 | 73 | 25:12.1 | 8:08/M |

Female 15 to 19

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Ruby Acker | Tiskilwa IL | 15 | 4 | 18 | 21:33.4 | 6:57/M |
| 2 * | Alexandra Waca | Princeton IL | 15 | 530 | 60 | 24:17.9 | 7:50/M |
| 3 * | Payton Frueh | Ohio | 15 | 638 | 62 | 24:42.0 | 7:58/M |

Female 20 to 24

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Bailey Huizenga | Colona IL | 20 | 249 | 92 | 25:50.5 | 8:20/M |
| 2 * | Rachel Gomez | Kewanee IL | 23 | 184 | 106 | 26:19.2 | 8:29/M |
| 3 * | Kyra Stoller | Walnut IL | 20 | 602 | 259 | 35:41.3 | 11:31/M |

Female 25 to 29

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Brianna Legner | Princeton IL | 26 | 320 | 20 | 21:36.5 | 6:58/M |
| 2 * | Angelica Jones | Princeton IL | 26 | 275 | 75 | 25:13.1 | 8:08/M |
| 3 * | Shelby Clary | Urbandale IA | 26 | 78 | 107 | 26:23.3 | 8:31/M |

Female 30 to 34

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Melissa Vinton | Chicago IL | 32 | 579 | 31 | 22:25.2 | 7:14/M |
| 2 * | Britne Rosalez | Princeton IL | 32 | 411 | 102 | 26:14.1 | 8:28/M |
| 3 * | Sarah Englehart | Bloomington IL | 32 | 133 | 112 | 26:41.2 | 8:37/M |

Race Date
July 06, 2024

Running Through ALS 5k

Age Group Results

5k Run/Walk

Female 35 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Megan Krabill | Tiskilwa IL | 39 | 581 | 48 | 23:34.0 | 7:36/M |
| 2 * | Laura Fry | Chicago IL | 35 | 166 | 49 | 23:35.5 | 7:37/M |
| 3 * | Abby Vladika | Princeton IL | 36 | 518 | 51 | 23:38.0 | 7:37/M |

Female 40 to 44

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------------|----------------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Cari Riker | Harmon IL | 40 | 596 | 118 | 27:02.4 | 8:43/M |
| 2 * | Bethany Snyder-Morse | Elk Grove Village IL | 43 | 478 | 123 | 27:17.5 | 8:48/M |
| 3 * | Jaime Bill | Cedar Falls IA | 40 | 30 | 142 | 28:01.2 | 9:02/M |

Female 45 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Allison Kopp | Oscos IL | 45 | 296 | 41 | 23:08.2 | 7:28/M |
| 2 * | Rachel Waca | Princeton IL | 45 | 534 | 67 | 24:56.7 | 8:03/M |
| 3 * | Stacey Cotty | Geneseo IL | 47 | 607 | 77 | 25:14.4 | 8:09/M |

Female 50 to 54

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Charlene Hamann | Streator IL | 51 | 211 | 99 | 26:05.7 | 8:25/M |
| 2 * | Loretta Gibson | Walnut IL | 54 | 182 | 121 | 27:12.8 | 8:47/M |
| 3 * | Amber Nugent | Walnut IL | 50 | 381 | 140 | 28:00.2 | 9:02/M |

Female 55 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Mary Toohill | Davenport IA | 57 | 575 | 33 | 22:38.9 | 7:18/M |
| 2 * | Kimberly Broyles | Streator IL | 55 | 47 | 124 | 27:20.6 | 8:49/M |
| 3 * | Teri Carr | Pekin IL | 56 | 59 | 131 | 27:46.2 | 8:57/M |

Female 60 to 64

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Carol Pratt | Varna IL | 64 | 403 | 193 | 30:53.7 | 9:58/M |
| 2 * | Patrice Morey | Cambridge IL | 64 | 362 | 231 | 33:06.0 | 10:41/M |
| 3 * | Lynda Joiner | Tiskilwa IL | 64 | 274 | 232 | 33:10.9 | 10:42/M |

Race Date
July 06, 2024

Running Through ALS 5k
Age Group Results

5k Run/Walk

Female 65 to 69

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Susan Lauritzen | Wyanet IL | 69 | 315 | 457 | 53:06.6 | 17:08/M |
| 2 * | Sue Ledergerber | Walnut IL | 67 | 570 | 460 | 53:09.5 | 17:09/M |
| 3 * | Carolyn Maynard | Walnut IL | 67 | 337 | 468 | 53:22.9 | 17:13/M |

Female 70 to 74

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Nita Vonholten | Walnut IL | 74 | 528 | 402 | 48:07.2 | 15:31/M |
| 2 * | Carol Dietz | Walnut IL | 71 | 627 | 466 | 53:20.7 | 17:13/M |
| 3 * | Donna Vonholten | Walnut IL | 71 | 527 | 488 | 54:22.0 | 17:32/M |

Female 75 and Over

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Linda Carr | Walnut IL | 81 | 57 | 328 | 41:11.9 | 13:17/M |
| 2 * | Helen Akers | Geneseo IL | 80 | 7 | 425 | 49:39.4 | 16:01/M |

Race Date
July 06, 2024

Running Through ALS 5k
Age Group Results

5k Run/Walk

Male Overall Finishers Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 | Brock Loftus | Ohio IL | 20 | 327 | 1 | 16:16.7 | 5:15/M |
| 2 | Elijah House | Sheffield IL | 19 | 241 | 2 | 17:35.5 | 5:41/M |
| 3 | Mike Mallon | Davenport IA | 58 | 648 | 3 | 17:45.0 | 5:44/M |

Male Walnut Finisher Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Jay King | Walnut IL | 34 | 289 | 9 | 20:07.9 | 6:30/M |

Race Date
July 06, 2024

Running Through ALS 5k

Age Group Results

5k Run/Walk

Male 10 and Under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Holden Bill | Cedar Falls IA | 10 | 29 | 6 | 18:18.7 | 5:54/M |
| 2 * | Camden Gustafson | Walnut IL | 9 | 203 | 57 | 24:00.2 | 7:45/M |
| 3 * | Damien Coleman | Dwight IL | 10 | 614 | 70 | 24:59.7 | 8:04/M |

Male 11 to 14

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Gavin Pistole | Walnut IL | 13 | 398 | 26 | 22:05.1 | 7:07/M |
| 2 * | Berat Imeri | Mendota IL | 14 | 660 | 27 | 22:08.3 | 7:09/M |
| 3 * | Jack O'Connell | La Grange IL | 12 | 384 | 69 | 24:59.6 | 8:04/M |

Male 15 to 19

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Augustus Swanson | Princeton IL | 15 | 599 | 5 | 18:02.4 | 5:49/M |
| 2 * | Ben Roth | Tampico IL | 19 | 418 | 10 | 20:09.7 | 6:30/M |
| 3 * | Aidan Farrell | Genoa IL | 19 | 134 | 12 | 20:37.7 | 6:39/M |

Male 20 to 24

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------------|-------------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Kyle Sellers | Geneseo IL | 24 | 447 | 4 | 17:57.2 | 5:47/M |
| 2 * | Jonathan Heberlein | Muscatine IA | 24 | 216 | 13 | 20:44.5 | 6:41/M |
| 3 * | Andrew Cotty | Geneseogeneseo IL | 20 | 82 | 30 | 22:19.8 | 7:12/M |

Male 25 to 29

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Trevin Kennedy | Wyanet IL | 29 | 287 | 35 | 22:44.9 | 7:20/M |
| 2 * | Brent Loftus | Princeton IL | 25 | 326 | 38 | 22:58.7 | 7:25/M |
| 3 * | Mason Carr | Pekin IL | 26 | 618 | 63 | 24:43.1 | 7:58/M |

Male 30 to 34

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Anthony Roome | Moline IL | 31 | 589 | 8 | 19:33.2 | 6:18/M |
| 2 * | Austin Bruns | Chicago IL | 33 | 580 | 21 | 21:39.4 | 6:59/M |
| 3 * | Matthew Deets | Geneseo IL | 34 | 97 | 37 | 22:54.2 | 7:23/M |

Race Date
July 06, 2024

Running Through ALS 5k

Age Group Results

5k Run/Walk

Male 35 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Ben Clausen | Walnut IL | 38 | 79 | 32 | 22:29.2 | 7:15/M |
| 2 * | Adam Franklin | Walnut IL | 39 | 160 | 36 | 22:51.3 | 7:22/M |
| 3 * | Keith Varland | Princeton IL | 38 | 515 | 46 | 23:30.4 | 7:35/M |

Male 40 to 44

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Randall Bill | Cedar Falls IA | 42 | 31 | 7 | 18:18.9 | 5:55/M |
| 2 * | Ryan Frye | Bettendorf IA | 44 | 167 | 39 | 23:00.2 | 7:25/M |
| 3 * | Will Linker | Malden IL | 42 | 601 | 42 | 23:11.4 | 7:29/M |

Male 45 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | James Roodhouse | Geneseo IL | 45 | 567 | 45 | 23:20.1 | 7:32/M |
| 2 * | Matthew Allard | Ohio IL | 49 | 8 | 52 | 23:39.3 | 7:38/M |
| 3 * | John Moe | Geneseo IL | 48 | 354 | 61 | 24:20.4 | 7:51/M |

Male 50 to 54

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Warne Riker | Spring Hill TN | 53 | 597 | 87 | 25:40.5 | 8:17/M |
| 2 * | Don Kyle | Princeton IL | 51 | 300 | 109 | 26:29.4 | 8:33/M |
| 3 * | Scott Farrell | Genoa IL | 53 | 136 | 119 | 27:08.2 | 8:45/M |

Male 55 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Chip Stiver | Springfield IL | 58 | 554 | 19 | 21:35.1 | 6:58/M |
| 2 * | Mike Toohill | Bloomington IL | 59 | 502 | 40 | 23:08.2 | 7:28/M |
| 3 * | Jeff Swarm | Bettendorf IA | 57 | 492 | 50 | 23:36.4 | 7:37/M |

Male 60 to 64

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Patrick Koerner | Bourbonnais IL | 62 | 295 | 29 | 22:16.6 | 7:11/M |
| 2 * | Brett Jackson | Silvis IL | 64 | 254 | 108 | 26:24.8 | 8:31/M |
| 3 * | Michael Hoefler | Rock Falls IL | 60 | 231 | 147 | 28:25.8 | 9:10/M |

Race Date
July 06, 2024

Running Through ALS 5k
Age Group Results

5k Run/Walk

Male 65 to 69

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Pete Miller | Harmon IL | 65 | 654 | 201 | 31:19.9 | 10:06/M |
| 2 * | Matt Beardsley | Sheridan IL | 65 | 20 | 212 | 31:51.1 | 10:17/M |
| 3 * | Fred Thompson | Plano Texas TX | 65 | 499 | 229 | 32:53.0 | 10:36/M |

Male 70 to 74

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Richard Strack | Tonica IL | 70 | 663 | 271 | 36:45.4 | 11:51/M |
| 2 * | Gary Burrs | Dixon IL | 74 | 54 | 349 | 42:50.8 | 13:49/M |

Male 75 and Over

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Ron Hershberger | Rockford IL | 80 | 224 | 345 | 42:32.2 | 13:43/M |
| 2 * | Bob Smith | Walnut IL | 76 | 473 | 382 | 45:45.4 | 14:46/M |
| 3 * | Tim Montooth | Galva IL | 76 | 634 | 519 | 57:32.1 | 18:34/M |